

PLACE CREATORS

ONE HORTON HEATH



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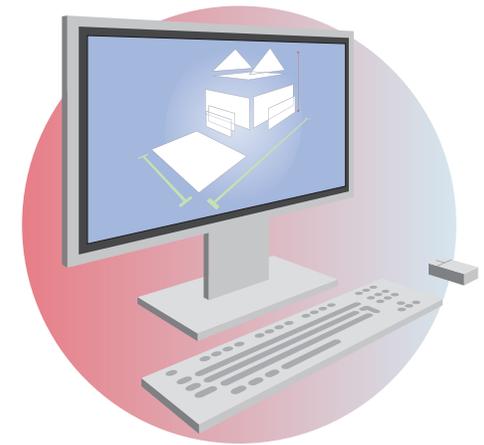
EASTLEIGH
BOROUGH COUNCIL



Homes England

Skills & Qualities - Self Awareness Task (Y7, Y8 & Y9)

Being self-aware of your own skills and qualities will help you later in your school journey when you start to plan your next steps. As you will have seen in the Place Creators job role videos there are some skills and qualities that are not specific to one job. We call these 'transferrable skills', this means you can use them in lots of different jobs e.g. listening, communication, problem solving, teamwork, leadership.



What is the difference between a skill and a quality?

Skills - What you have learnt through training / education / work:

Problem solving	English
Teamwork	Another language
Communication	Musical Instrument
Analytical Thinker	Sport Skills
Listening	IT Skills

Qualities - what you naturally have:

Resilient	Reliable
Chatty	Honest
Helpful	Dedicated
Kind	Organised
Humerous	Curious

Being more self-aware means we can identify which of these we already have and which of these we need to work on or learn to help you secure your dream job. Sometimes it is difficult to know what qualities we have. You will each now write down three positive qualities of the person to your left in the classroom. Your teacher will collect these in or you will share these verbally. Each student to take a note of the positive quality their colleague has identified in them. Think about these qualities, do you recognise that in yourself?

Next, start to write down any other qualities you have and the skills you have. Each person's list will look different.

During home learning use your notes on your qualities and skills to create an 'It's me' moodboard. Use images / drawings / words / phrases / photographs / icons to show the skills / qualities and interests you have, make these really creative and engaging. Your teacher will explain when this needs to be completed by. Perhaps you might like to present this to the class? See below for an example:

