

Money and benefits

Last updated: 20 March 2020 at 4:30pm

Work and pay: We understand people having to self-isolate may have concerns about whether they will get paid while they are away from work. Here is the [government advice](#) on what you need to discuss with your employer. Statutory sick pay and other financial support is available.

Claiming benefits: See [Understanding Universal Credit](#) for information about temporary arrangements for those impacted by coronavirus.

Mortgages and credit cards: Three-month mortgage holidays and credit card forbearance will be available for those who are struggling. Contact your bank to discuss.

Gas and electric pre-pay meters: If you are having problems topping up due to social isolation or having financial difficulties please contact your utility provider. If you are not sure who your supplier, use [Find My Supplier](#).

Help with housing costs (rent and council tax): If you are struggling to pay your rent, please contact your landlord urgently. For more information and to apply for support, see [Universal Credit](#).

Check entitlement: If you are worried about money or are struggling now, please [check if you are claiming all the benefit support you are entitled to](#).

[Further COVID-19 guidance from the Government for employees and self employed](#)