



**PARK  
SPORT**  
EASTLEIGH

# FREE SWIMMING TIMES

## Places Leisure Eastleigh

 **Places  
Leisure**  
Eastleigh

**Monday 29 July to Friday 23 August 2019**

Tel: 023 8068 4800

**Mondays:** 1.30pm - 2.10pm  
2.15pm - 2.55pm

**Tuesdays:** 1.30pm - 2.10pm  
2.15pm - 2.55pm

**Wednesdays:** 1.30pm - 2.10pm  
2.15pm - 2.55pm

**Thursdays:** 1.30pm - 2.10pm  
2.15pm - 2.55pm

**Fridays:** 1.30pm - 2.10pm  
2.15pm - 2.55pm

### General information

- Children under 8 must be supervised in the main building and wet side changing rooms by their parent or adult (16+). A maximum of two children are permitted per parent/adult.
- We operate a band system during busy times to stop overcrowding. The band system allows for a minimum of forty minutes but there may be a wait for entry into the pool.
- Prior to entry customers must pick either the main pool or learner pool. Swapping between pools is not permitted.
- Boisterous behaviour is not permitted.
- Acrobatics are not permitted within the swimming pool(s).
- Running dives, backwards dives, dives without hands in front of head, somersault entries and bombing are not permitted.
- The Learner Pool is available for young children

and learning to swim. Competent swimmers who are not supervising a young swimmer/beginner and boisterous swimmers will be asked to leave the learner pool.

- Using mobile phones in the changing rooms is not permitted.
- The use of glass or ceramic products is forbidden in the wetside facilities.
- Flippers, short fins, specialist facemasks and snorkels are not permitted.
- Armbands are available to purchase from reception. Armbands are to assist buoyancy and support for non-swimmers and are not toys.
- The use of toys such as 'sinters' may be used during general swimming sessions and should be used with care.
- Large personal inflatables are not permitted in the pools.
- Places Leisure Eastleigh will only permit one free swimming session per child per day.