



Monday 27 July - Friday 21 August

PROGRAMME 2026

PRICE  
£3.50\*

## Aerial Hoop

Monday 3 August  
Monday 10 August  
6 - 10 years 3pm - 3.45pm  
11 - 16 years 4pm - 5pm  
Dynamic Aerial Academy

## AquaRun

Thursday 6 August  
Thursday 20 August  
5 - 16 years 2pm - 3pm  
Hamble Sports Complex

## Badminton

Wednesdays  
7 - 10 years 6pm - 7pm  
11 - 16 years 7pm - 8pm  
Wyvern College

## Big Sister Session

Wednesday 12 August  
Wednesday 19 August  
11 - 15 years 4.30pm - 5.15pm (Girls only)  
Places Leisure Eastleigh

Thursday 13 August  
Thursday 20 August  
9-11yrs 4.30pm - 5.15pm (Girls only)  
Places Leisure Eastleigh

## Circus Skills

Tuesday 28 July  
11 - 16 years 10am - 11am  
11 - 16 years 11am - 12am  
The Point, Eastleigh  
Thursday 20 August  
11 - 16 years 1pm - 2pm  
11 - 16 years 2pm - 3pm  
The Point, Eastleigh

## Cricket

Friday 7 August  
5 - 8 years 1pm - 2pm  
9 - 12 years 2pm - 3pm  
Places Leisure Eastleigh  
Friday 14 August  
9 - 12 years 1pm - 2pm  
8 - 11 years 2pm - 3pm (Girls only)  
Places Leisure Eastleigh

## CrossFit

Wednesdays  
11 - 16 years 3pm - 4pm  
CrossFit Southampton, Eastleigh

## Dance (commercial)

Tuesday 28 July  
5 - 8 years 5pm - 6pm  
Blue Butterfly Studios  
Tuesday 18 August  
9 - 12 years 5pm - 6pm  
Blue Butterfly Studios

## Dance (contemporary)

Wednesday 5 August  
9 - 12 years 3pm - 4pm  
Blue Butterfly Studios  
Wednesday 12 August  
13 - 16 years 3pm - 4pm  
Blue Butterfly Studios

## Dodgeball

Friday 31 July  
8 - 11 years 2pm - 3pm  
Wildern Leisure Centre  
Friday 7 August  
8 - 11 years 2pm - 3pm  
Hiltingbury Sports

## Family Cycling Skills

Wednesday 12 August  
Families 10.30am - 12pm  
Families 2pm - 3.30pm  
Pavilion on the Park

## Fishing

Tuesday 18 August  
11 - 16 years 9am - 10am  
11 - 16 years 10.30am - 11.30am  
11 - 16 years 12pm - 1pm  
11 - 16 years 2pm - 3pm  
11 - 16 years 3.30pm - 4.30pm  
Hiltingbury Lakes

## Free Swimming

Monday - Friday  
5 - 16 years 2pm - 3pm  
Wildern Leisure Centre

## Football

Monday 27 July  
5 - 7 years 10am - 11am  
8 - 12 years 11am - 12pm  
The Hub, Eastleigh

Monday 3 August  
5 - 7 years 10am - 11am  
8 - 12 years 11am - 12pm  
Wildern School

Monday 10 August  
8 - 12 years 10am - 11am  
8 - 12 years 11am - 12pm (Girls only)  
Places Leisure Eastleigh

Monday 17 August  
8 - 12 years 10am - 11am (Girls only)  
5 - 7 years 11am - 12pm  
The Hub, Eastleigh

## Gymnastics (freestyle)

Monday 27 July  
Monday 10 August  
Monday 17 August  
5 - 9 years 1.30pm - 2.30pm  
9 - 13 years 2.30pm - 3.30pm  
Treasure Gymnastics

## Gymnastics

Friday 31 July  
Friday 14 August  
Friday 21 August  
5 - 9 years 1.30pm - 2.30pm  
9 - 13 years 2.30pm - 3.30pm  
Treasure Gymnastics

## Junior Gym

Fridays  
11 - 16 years 1.30pm - 2.30pm  
Wildern Leisure Centre

## Laser Tag

Friday 14 August  
Friday 21 August  
8 - 11 years 9.30am - 10.30am  
12 - 16 years 10.45am - 11.45am  
Pavilion on the Park

## Netball

Thursday 6 August  
5 - 10 years 1pm - 2pm  
5 - 10 years 2pm - 3pm  
Wyvern College

## Olympic Weightlifting

Tuesday 11 August  
Tuesday 18 August  
6 - 9 years 4pm - 5pm  
Lakeside Weightlifting Club

Thursday 13 August  
Thursday 20 August  
10 - 16 years 4pm - 5pm  
Lakeside Weightlifting Club

## Pickleball

Tuesday 28 July  
Tuesday 11 August  
8 - 11 years 4pm - 5pm  
Hiltingbury Sports

Tuesday 4 August  
Tuesday 18 August  
12 - 16 years 4pm - 5pm  
Hiltingbury Sports

## Pool Inflatable

Thursday 30 July  
Thursday 13 August  
8 - 16 years 2.30pm - 3.15pm  
Places Leisure Eastleigh

## Reformer Pilates

Monday 3 August  
12 - 16 years 12pm - 1pm  
GoPhysio, Chandler's Ford

Tuesday 11 August  
12 - 16 years 1pm - 2pm  
GoPhysio, Chandler's Ford

## Rhythmic Gymnastics

Wednesday 29 July  
Wednesday 5 August  
5 - 8 years 10am - 11am  
9 - 11 years 11am - 12pm  
The Hub, Eastleigh

## Rounders

Friday 31 July  
8 - 12 years 12pm - 1pm  
Boorley Park Sports Pitches  
Friday 7 August  
8 - 12 years 12pm - 1pm  
Fryern Recreation Ground

## Rugby

Friday 31 July  
Friday 7 August  
5 - 7 years 10.30am - 12pm  
8 - 10 years 1.30pm - 3pm  
The Hub, Eastleigh

## Sailing

Monday 27 July  
6 - 10 years 9.30am - 11.30am  
6 - 10 years 12.15pm - 2.15pm  
11 - 16 years 2.30pm - 4.30pm  
Hamble River Sailing Club

Tuesday 28 July  
11 - 16 years 9.30am - 11.30am  
11 - 16 years 12.15pm - 2.15pm  
6 - 10 years 2.30pm - 4.30pm  
Hamble River Sailing Club

Wednesday 29 July  
6 - 10 years 9.30am - 11.30am  
6 - 10 years 12.15pm - 2.15pm  
11 - 16 years 2.30pm - 4.30pm  
Hamble River Sailing Club

Thursday 30 July  
11 - 16 years 9.30am - 11.30am  
11 - 16 years 12.15pm - 2.15pm  
6 - 10 years 2.30pm - 4.30pm  
Hamble River Sailing Club

### Friday 31 July

6 - 10 years 9.30am - 11.30am  
6 - 10 years 12.15pm - 2.15pm  
11 - 16 years 2.30pm - 4.30pm  
Hamble River Sailing Club

## Scooter Workshop

Tuesday 4 August  
5 - 10 years 1pm - 2pm  
Hamble Skate Park

## Skateboard Workshop

Tuesday 4 August  
5 - 10 years 2pm - 3pm  
11 - 16 years 3pm - 4pm  
Hamble Skate Park

## SkateJam

Thursday 20 August  
5 - 16 years 12pm - 4pm  
Freespace Skate Park

## Street Basketball

Wednesday 29 July  
8 - 12 years 1pm - 2pm  
8 - 12 years 2pm - 3pm  
Moorgreen Recreation Ground

Wednesday 5 August  
8 - 12 years 1pm - 2pm  
8 - 12 years 2pm - 3pm (Girls only)  
Hiltingbury Recreation Ground

Wednesday 12 August  
8 - 12 years 1pm - 2pm  
8 - 12 years 2pm - 3pm  
Botley Recreation Ground

## Tennis

Wednesdays  
5 - 7 years 10am - 11am  
8 - 11 years 11am - 12pm  
Wyvern College

Tuesday 11 August  
5 - 10 years 5pm - 6pm  
Deer Park School

Thursday 13 August  
11 - 16 years 5pm - 6pm  
Deer Park School

Tuesday 28 July  
Tuesday 4 August  
Tuesday 18 August  
5 - 10 years 3.45pm - 4.45pm  
11 - 16 years 4.45pm - 5.45pm  
Bursledon Recreation Ground

Thursday 30 July  
Thursday 20 August  
5 - 10 years 3.45pm - 4.45pm  
11 - 16 years 4.45pm - 5.45pm  
The Hub, Eastleigh

Thursday 6 August  
5 - 10 years 3.45pm - 4.45pm (Girls only)  
11 - 16 years  
4.45pm - 5.45pm (Girls only)  
The Hub, Eastleigh

BOOK NOW: [EASTLEIGH.GOV.UK/EASTLEIGHACTIVE](https://www.eastleigh.gov.uk/eastleighactive)

