

Organised by
Southampton Running Club
in partnership with

UKA LICENCE 100267

Sponsored by



EASTLEIGH 10K ROAD RACE 2010

SUNDAY 28 MARCH 2010 10.00am

INTER AREA 10K CHAMPIONSHIP AND ROAD LEAGUE RACE

START - Fleming Park Leisure Centre, Eastleigh

CLOSING DATE - Wed 17 March 2010 or when race limit of 2000 reached

NO ENTRIES ON THE DAY. Course and location map on www.eastleigh10k.org

Traffic calming measures make course unsuitable for wheelchairs **Min. Age:** 15yrs on 28 March 2010

Fees - £10 affiliated, £12 unaffiliated. Chiptiming

FREE T-SHIRT FOR ALL RUNNERS SPOT PRIZES of B&Q giftcards

CHEQUES PAYABLE TO SOUTHAMPTON RUNNING CLUB (10K)

PRIZES AWARDED: £3,000 worth of prizes

Men - First 10 **Women** - First 6 **Teams** - first 3 (4 to score)

Veterans - Men and Women to M60 and F55 **Veteran Teams** - Men & Women 3 to score

B&Q EASTLEIGH JUNIOR 2K FUN RUN - Fleming Park, Eastleigh 12 noon.
Under 12s only. Entry fee only £2.00 Tel. 023 8068 8205 for entry form.



Send entries to: Road Race Organiser, Civic Offices, Leigh Road, Eastleigh, SO50 9YN.

Send SAE for acknowledgement/sponsorship form. Race details sent about 7 days before the race.

Surname	<input type="text"/>																													
First Name	<input type="text"/>																													
Address	<input type="text"/>																													
Town	<input type="text"/>																													
Postcode	<input type="text"/>					County	<input type="text"/>																							
Birth Date	<input type="text"/>					Tel	<input type="text"/>																							
Best 10km (2009)	<input type="text"/>					Age on date of race	<input type="text"/>		Sex	<input type="text"/>																				
State 1st Claim Club (if applicable)	<input type="text"/>																													
Do you suffer from any medical condition?	<input type="text"/>																													

I agree to abide by the rules of UK Athletics. I understand I enter the race at my own risk and that no person(s) or organisation(s) will be held responsible for any accident, injury or loss to myself, prior to, during or after the event. I understand the organisers reserve the right to alter arrangements/conditions should circumstances require. I confirm that I am an amateur as defined by UKA Rules. Personal information provided will be dealt with in accordance with Data Protection Act.

Signature: Date: